

2011 Barnstormers Camp

WHO: All boys and girls between the ages of 6-14 wanting to learn and improve their fundamentals on the game of football as taught by the players and coaches of the Iowa Barnstormers Arena Football Club.

WHAT: On Friday, July 22nd, the participants will learn basic techniques and fundamentals of football during a Barnstormers camp session. There will be five different stations during the camp, which include; Passing (Quarterbacks), Catching (Wide Receivers), Blocking (Offensive/Defensive Line), Rushing techniques (Running Backs), and Defending (Defensive Backs/Linebackers).

WHEN: Friday, July 22nd, from **9:30 AM** until **12:15 PM**.

CAMP SCHEDULE:

- 9:30 – Registration
- 10:00 – Camp Begins – Warm-Up
- 10:20 – Stations Begin
- 12:00 – Stations End
- 12:05 – Camp Wrap-Up

WHERE: The Barnstormers Football Camp will be held on Wellmark Blue Cross Blue Shield Field inside Wells Fargo Arena. The address for this location is 730 3rd St., Des Moines, IA, 50309. All participants should enter on the NW Entrance of Wells Fargo Arena located on the corner of Crocker and 3rd Street. Parking is available in the Iowa Events Center Parking Lot.

WHAT TO WEAR: T-shirt, gym shorts, socks, gym or turf shoes (NO cleats!)

COST: \$35 for individuals who pre-register and \$45 for registration on the day of the camp. Cost includes registration, two hour football camp, two 200-Level End Zone tickets to the Barnstormers game on Saturday, July 23rd vs. Georgia Force, and camp t-shirt. Campers will also be allowed on the field during the pre-game introductions to do a high five tunnel for the players. (Sorry parents/guardians, but campers **ONLY!**)

REGISTER:

Mail: Iowa Barnstormers, 730 3rd St., Des Moines, IA, 50309

Fax: 515-564-8451

E-Mail: Aaron Roland – aroland@theiowabarnstormers.com

Drop Off: Barnstormers Front Office (South side of Wells Fargo Arena, on main level, above box office)

QUESTIONS: Call us at 515-633-2255 with any questions!

Pre-Registration Deadline is Thursday, July 21st!

2011 Barnstormers Camp REGISTRATION FORM

NAME _____ AGE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PARENT OR GUARDIAN'S NAME _____

PHONE # _____ EMAIL _____

SECONDARY CONTACT & PHONE _____

SHIRT SIZE (circle one) (size is only guaranteed if received by Thursday, July 14th)

Youth S M L XL Adult S M L XL

HOW DID YOU HEAR ABOUT CAMP _____

SPECIAL MEDICAL NEEDS _____

ADDITIONAL TICKETS TO **JULY 23rd** GAME vs. GEORGIA (\$13 each) _____

PAYMENT OPTIONS: CHECK _____ CREDIT CARD _____ CASH _____

CARD NUMBER _____ EXP _____

Kids Club Member is \$30 Pre-Registration is \$35 Registration on Camp Day is \$45 = _____

Extra tickets for July 23rd game _____ x \$13 = _____

TOTAL COST = _____

I understand that my child could be seriously or mortally injured or have personal property stolen as a result of my child's participation in the Barnstormer Football Camp ("Camp"). I, on behalf of myself and as the parent/legal guardian of my child, agree to waive all claims arising from personal injury (including death), medical expenses or property loss against the Camp, the Iowa Events Center ("IEC"), Iowa Barnstormers, IPF, LLC, and any employees, volunteers, directors, or independent contractors of the Camp and IEC (collectively the "Released Parties"). I also agree to hold harmless and indemnify the Released Parties from any and all claims that arise from my child's personal injury (including death), medical expenses, or property loss.

I certify that my child has been examined by a physician within the past year and found to be in good health and able to participate in all camp activities without restriction. I am aware of no medical condition that may increase my child's risk of illness or injury. In the event of an emergency, I authorize the Camp to act for me in my absence regarding emergency medical care. I agree to be financially responsible for all medical expenses.

PARENT/GUARDIAN SIGNATURE _____

DATE _____